

## ***Lies We Believe: More than We Can Handle?***

*Various Texts*

***The Claim: “God will never give you more than you can handle.”***

- Often stated when we are going through difficulties
- Underlying premise: You are strong enough to take on anything that comes your way

### ***Scripture’s Truth***

- We are not supposed to handle anything alone
- We do not have the strength within ourselves to take on life
  - We need Jesus’ help, always! (John 15:4-5)

### ***The Storms of Life (Mark 4:35-41)***

- While the Disciples were overwhelmed by the storm, Jesus was asleep
  - He wasn’t afraid of the storm
  - He knew they were safe
- His rebuke of their faith is not because they didn’t calm the storms
  - They couldn’t do that (v. 41)
- He rebuked them because they couldn’t see past the storm to trust the One in control of it all
- That is what we are supposed to do
  - Not handle the storms of life alone
  - But trust the God who is bigger than the storm
    - Even if He doesn’t calm them all
- God may even allow storms in our lives to help us understand our need for Him

### ***“Even if...”***

- We are called to trust God even if He doesn’t bring us out of our troubles
  - Ex.) Shadrach, Meshach, and Abednego (Dan 3:16-18)
- We are called to trust God when He doesn’t heal us
  - Ex.) Paul (2 Cor. 12:7-10)
- Sometimes trusting God means losing everything else
  - It shows that He is of greatest value (Heb 11:35-40)

### ***So What?***

- God will give us more than we can handle *alone*!
  - But, if we trust Him, we are not alone
- Are we trusting Him to be our strength in every circumstance?

**Meditation Verse: Isaiah 12:2**

